

# THE COMPREHENSIVE OVERVIEW OF THE ADDICTION STUDIES PROGRAMS AROUND THE WORLD



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# WHY US AND WHY NOW?

- **I. Our own Prague comprehensive model of Addictology education**
- **II. Interest in finding if there are other addiction studies programs as we have in the CR**
- **III. Surprise when we found YES, there are a lot of them**
- **IV. Focus on mapping the programs around the world, analyze them and compare**
- **GOOD TIME FOR SUCH A TOPIC (WAS ACCIDENTALY HIT 😊)**
- **Ph.D. studies in Addictology**
- **Charles University (Czech Republic) became the ICU DDR coordinating center for Europe**

## A SHORT QUIZ – TRY TO GUESS...



- **1) How many university-based programs in addiction studies have been identified in the world?**
- **2) How many universities provide the education in addiction studies concurrently at the bachelor's, master's and doctoral levels?**
- **3) What American state has the most universities providing addiction studies programs?**
- **4) Which continent has no Ph.D. programs in addictions?**

# FINDINGS – COMPREHENSIVE SUMMARY

Continent	Universities	Programs in AS	Bachelor level	Master level	Ph.D. level
Europe	25	34	6	18	4
New Zealand	9	21	2	2	0
Australia	12	22	1	6	0
Africa	6	8	0	2	0
Asia	4	4	0	2	1
Latin America	1	3	1	1	1
North America	335	394	49	57	6
<b>TOTAL</b>	<b>392</b>	<b>486</b>	<b>59</b>	<b>88</b>	<b>12</b>

# FINDINGS - EUROPE

- **8 countries** – Great Britain (18), Spain (2), Czech Republic, Germany, Denmark, Finland, Netherlands, Italy (1)
- **25 universities with 34 programs**
- Degrees:
- Clinical training: 17 programs have the placements or practice as a part of studies, 2 offer research placements too, 1 long-term clinical practice
- Taught modules:

Degree	Number
BSc./Bc./BA	6
MSc./MS.	15
MA	3
PgDip	3
PgCert	3
PHD	4
GradDip	1
CertHE	2
Foundation Degree	2
Amount	39

Key word	Frequency
Research methods	25
Theories of addiction	18
Intervention methods and skills	17
Treatment, recovery	10
Drugs & crime	10
Mental health, dual dg.	10
Social sciences	9
Clinical placement, practice	8
Drug policy	8
Harm reduction	7
Psychology	7
Counselling	7
Management	7
Psychopharmacology	7
Psychotherapies	7
Prevention	6
Family therapy	6
Public health	5
Neuroscience	5

# FINDINGS – NEW ZEALAND

- **9 universities, 21 study programs in the addictions**
- Degrees:
- Clinical training: 5 programs provide clinical practice, mostly in each grade, the extent differed a lot from 50 hours to 150 hours or 400 hours for two years of studies, 1 program needed the student to have a placement done before beginning the studies
- Taught modules:

Degree	Number
BSc./Bc./BA	2
MSc./MS.	2
PgDip	4
PgCert	4
PHD	0
GradDip	2
Amount	16

Key word	Frequency
Assessment, intervention	15
Professional practice	10
Coexisting problems	8
Alcohol, tobacco, drugs	6
Counseling	6
Pharmacotherapy	6
Addiction theories	6
MI	5
Mental health	5
Criminal justice, law	4
Research methods	4
Children, youth	4
Gambling	4
Social problems	3
Group work	3
CBT	3
Psychology	2
Ethics	1
Prevention, CM	1

# FINDINGS - AUSTRALIA

- 12 universities, 22 study programs (1 no longer exists, 1 part of medicine)
- Degrees:
- **The interesting model was observed in Monash University where the students can choose between two streams or specializations, respectively coursework stream for clinical work or research stream.**
- Clinical training: 1 program does not offer practical experience, 7 seven had a clinical practice for students
- Taught modules:

Degree	Number
BSc./Bc./BA	1
MA/MSc./MS.	6
PHD	0
GradDip	4
GradCert	4
Amount	15

Key word	Frequency
Research methods	9
Clinical assessments	8
Treatment interventions	8
Public health	7
Addiction theories	6
Clinical practice	6
Ethical issues	5
Biology of addiction	5
Supervision	5
Psychoactive drugs	2
Psychology	2
Epidemiology	2
Mental health	2
Pharmacotherapy	2
Relapse prevention	2

## FINDINGS - AFRICA

Degree	Number
BSc./Bc./BA	0
MA/MSc./MS.	2
PgDip	2
Cert	1
PHD	0
MPhil	2
Amount	7

Key word	Frequency
Research methods	4
Assessment, screening	3
Counseling skills	3
Ethical issues	3
Addiction theories	2
Psychology	2
Family therapy	2

- 6 universities (2 in Kenya, 4 in South Africa), 8 study programs in the addictions field
- Degrees:
- Clinical training: 4 programs offered the practical work as a part of the studies.
- **1 program also required 25 hours of individual therapy of students.**
- Taught modules:



# FINDINGS - ASIA

UNIVERSITY	STUDY PROGRAM	DEGREE
Ilia State University	Addiction Studies	Master
Mahidol University	Addiction Studies	MA
Kashan University of Medical Sciences and Health Services	Addiction Sciences	PhD
Cyberjaya University College of Medical Sciences	Addiction Science	PgDip

- 4 universities, 4 addiction studies programs (Georgia, Thailand, Iran and Malaysia)
- 2 more universities under Colombo Plan initiative
- Degrees:

Degree	Number
BSc./Bc./BA	0
MA/MSc./MS.	2
PgDip	1
PHD	1
Amount	4

# FINDINGS – NORTH AMERICA

- **335 universities** (located in 48 of 50 U.S. states and Puerto Rico , and in 2 of the 10 provinces in Canada (only two university-based programmes))
- **394 addiction studies programs**
- The largest concentration of universities offering academic programmes in addictions studies was located in California (39; 11,6%), New York (30; 9%), Texas (18; 5,4%), Minnesota (17; 5%) and Washington (16; 4,8%). Two states (Georgia and Mississippi) did not have university-based AS programmes.
- **Only one university (International University for Graduate Studies in the state of New York) offered education at all three educational degree levels (bachelor´s, master´s and doctoral)**
- Six programmes were offered online
- **Huge amount of certification education**

Degree	Number
BSc./Bc./BA	49
MA/MSc./MS.	57
PHD	6
Association Degrees	161
Amount	273

# FINDINGS – LATIN AMERICA

UNIVERSITY	STUDY PROGRAM	DEGREE
International University for Graduate Studies	Addiction Studies	BS (Bachelor of Science)
	Addiction Studies	PhD, PsyD (Doctor of Psychology)
	Addiction Studies	MA, MSc

- 1 university (Commonwealth of Dominica (Caribbean Island)), 3 programs in addictions (International University for Graduate Studies).
- The program is available at all three degree levels which means this university offers a comprehensive tertiary education in the addictions (bachelor's, master's, doctoral). All three degrees are available only in part time form and last 1,5 years each.

# METHODS

## Research subjects

- Public university-based study programs in the addictions
- Necessary to have a website in English language, degree gaining after graduation
- Excluded: non-university programs, long-life education, summer schools, separate modules in other disciplines

## Data collection

- FIRST: Databases and Internet Google search in 2015-2016
- Pre-defined key words: „addiction studies“, „drug/alcohol studies“, „master in addiction“, „addiction counseling“, „substance use“ + continent names
- Lists of Society for the Study of Addiction (SSA), Substance Abuse and Mental Health Services Administration (SAMHSA), Addiction Technology Transfer Center Network (ATTC) and the National Institute on Drug Abuse (NIDA)
- SECOND: content analysis of the identified programs by using information published at the university websites

## Data analysis

- Descriptive statistics using Microsoft Excel

# LIMITS

- Limited number of researchers
- Usage of the Internet search only
- Limited pre-defined key words (many programs were left out)
- Limited to English language
- Not made in detail
- → **WE CAN DO IT BETTER NOW!** (ICU DDR will conduct a deeper analysis of programs with UPC/UTC implementation)

# INSPIRATION

- We are not the individuals, we are many – **WE CAN SHARE, COOPERATE, JOIN, SUPPORT OURSELVES!**
- Qualifications recognition and transfer
- Certification process
- UPC/UTC and their implementation into already existing programs



## WHAT NEXT?

- Terminology harmonization (ISAJE - addictionary?)
- Meetings and conferences – great platforms of ICU DDR and ISSUP
- Publish what we do
- UPC/UTC – qualification recognition, more attempts to implement the curricula into existing programs
- **We are a wide, diverse field with a long history and creative and experienced people → WHEN WE WORK TOGETHER, WE WILL HAVE A GREATER POWER, WE WILL SUPPORT OUR ADDICTION SPECIALIST PROFESSIONAL IDENTITY!**

# PUBLICATIONS

- Pavlovská, A., Miovský, M., Babor, T. F., & Gabrhelík, R. (2017). Overview of the European university-based study programmes in the addictions field. *Drugs Educ Prev Pol*, 24(6), 485-491.
- Pavlovská, A., Peters, R. H., Gabrhelík, R., Miovský, M., Sloboda, Z., & Babor, T. F. (in press). Overview of the addiction studies programmes in North American universities.
- NEXT ARE COMING...



IF YOU KNOW ABOUT OTHER PROGRAMS,  
PLEASE LET ME KNOW...

**TIME FOR QUESTIONS AND DISCUSSION**

